

BEPC
SESSION 2014
ZONE : III



Coefficient : 1
Durée : 2 h

LANGUE VIVANTE 1 : ANGLAIS

*Cette épreuve comporte trois (03) pages numérotées 1/3, 2/3 et 3/3.
Le candidat est libre de commencer par la composante de son choix.
Cependant il devra numéroté ses réponses conformément à la numérotation du sujet.*

PART ONE : READING COMPREHENSION (8 points)

Read the text below and do all the activities that follow it.

FOOD IS THE KEY TO LIFE

Whatever your opinion about food, you need it to live. You need the right kinds of food in the right amounts to have a healthy life. Your needs for different kinds of foods change as you grow older. Everyone needs the three key nutrients that are necessary for the body: carbohydrates, fats and proteins. Unfortunately, in our world today, not everyone has access to all of these all the time. World hunger is a global problem that needs to be addressed by all nations.

The right kinds of foods the body needs to develop and stay healthy are not known by everyone. A good, daily, balanced diet is key to a healthy life. Do you have a balanced diet? Do you know what you eat every day? Why do you think you eat the foods you eat? Eating the right food every day, not only nourishes our body, but it also nourishes our spirits, our creativity and thinking and our language and interaction with other people.

About 25 years ago, being thin was in fashion. So many people ate salads or went on diets to lose weight. In fact, at that time, there used to be an obsession with being on diet. Now, however, being on diet may not be necessary. There are so many foods out in the stores for people to use in order to lose weight. There are even substances that can help you to lose weight even if you eat all you want.



Adapted from English Teaching Forum,
Vol. 36 N°4 October-December. 1998, p. 36.

COMPREHENSION CHECK

- A) The words or phrases in column A are from the text. Match each of them with its synonym or definition in column B. One word or phrase in column B is not concerned. Write your answers like in the example.

Example: 1 - f

COLUMN A

- 1- amounts (L. 2)
- 2- key (L. 3)
- 3- addressed (L. 5)
- 4- kinds (L. 6)
- 5- balanced diet (L. 7)
- 6- nourishes (L. 9)
- 7- obsession (L. 12)
- 8- being on diet (L. 13)
- 9- stores (L. 13)

COLUMN B

- a- big shops
- b- strong desire
- c- types
- d- the food which takes into account all the elements
- e- basic
- f- quantities
- g- eating a special food to be healthy
- h- considered
- i- markets
- j- gives food to

Tournez la page S.V.P.

- B) Read the text again and decide if the following statements are true or false. Write "T" for true and "F" for false. Indicate the lines to justify your answers. Write your answers like in the example.

Example: 1 - F (L.2-3)

- 1- As we grow up, we have to eat the same kind of food.
- 2- We need more than three key nutrients for the body.
- 3- Everyone can get all the necessary nutrients today.
- 4- World hunger is not a serious problem today.
- 5- If you eat the right food, you become healthy.
- 6- In the past, people went on diet to become bigger.
- 7- Today, people still need to go on diet to lose weight.
- 8- In stores people can buy food to lose weight.
- 9- Some products can help you to lose weight.

PART TWO : LANGUAGE IN USE (6 points)

- A) On a visit to Takoradi, Ghana, the English club sent you to a hospital to interview a doctor about diets. Complete the doctor's part in the interview below with the correct tense and form of the verbs in brackets. Write your answers like in the example.

Example: 1- be divided

You: Can you introduce yourself, please?

Dr Okonfor: I'm Doctor Okonfor. I have been working here for ten years.

You: How many food groups are there?

Dr Okonfor: All the foods we eat can **1.** (to divide) into many groups; they help your body to be in good health.

You: So, what must we do to be in good health?

Dr Okonfor: First, your diet must **2.** (to vary). Specific elements can **3.** (to find) in each food group. If your body **4.** (to provide) with the right proportion of each group you are in good health. Another point is important: you must practise sports.

You: Thank you, doctor.

Dr Okonfor: You're welcome.



- B) The following paragraph is an article from your English club magazine. Select the most appropriate option in brackets to complete it. Write your answers like in the example.

Example: 1-went

I usually go to my village. Last week, I **1**(had gone – have gone – went) there for a festival. When I **2**(got – had got – have got) there, I saw that there was only one type of food to eat pounded yam and palm nut soup. "How can villagers have a balanced diet?", I **3**(ask – asked – have asked) myself. I thought that if villagers were rich, they **4**(would have had – will have – would have) a better diet and live longer.

PART THREE : WRITING (6 points)

TOPIC

You received the following letter from a friend in Lagos. Reply and give him the information he is asking for. Write the answer in 10 to 12 lines maximum.

Po.box 923, Lagos

May, 31st 2014

Dear,

I have read in a newspaper that you are member of a Non Governmental Organisation (NGO) that takes care of abandoned children. I am member of an NGO like yours too, but we don't have much experience.

So please, tell me more about

- the different types of food you give to the children.
- the way they spend one day.
- what they become when they leave your organisation.

I am waiting for your help.

Your friend.

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