



DEVOIR DE NIVEAU : 2ND A - C

LANGUE VIVANTE 1: ANGLAIS

Durée : 2 H

*Cette épreuve comporte deux (2) pages numérotées 1et 2
Le candidat est libre de commencer par la composante de son choix.*

Cependant il devra numéroter ses réponses conformément à la numérotation du sujet.

PART ONE

READING COMPREHENSION (8 points)

Read the text below and do all the activities that follow it.

I used to be a couch potato

- 1** Anyone who meets Samuel Song today would have difficulty believing that he used to weigh one hundred kilos. By the age of twenty-five, he had put on so much weight because of his unhealthy lifestyle that he was obese and a future candidate for diabetes and heart disease. 'I used to be a real couch potato', he said. 'I didn't use to exercise at all.'
- 5** Samuel decided to make a change, and the change has lasted two decades. Samuel's secret ? "there's no secret. I just don't eat so much and I take regular exercise," he said. His first step when he started trying to lose weight was to examine his diet. He also used to eat biscuits and chocolate between meals. He gave up eating snacks completely.
- 10** He lost fifteen kilos very quickly, but then he stopped losing weight. He decided to take up exercising. At first, he couldn't walk up steps without getting out of breath. He began walking around his neighborhood, a kilometer at a time.
- 15** According to Samuel, the secret of weight maintenance is not to become an athlete and eat like a bird. 'I don't work out in a gym or go running. I just made some changes and stuck with them.' He got used to eating grilled food instead of fried. He walks everywhere - to and from work during the week, and at weekends he goes for long walks around town just for exercise. Anyone can do it !

Adapted from FAR AHEAD 2NDE, page 24.

COMPREHENSION CHECK

A - Vocabulary check : Find the right defined words from the text and write it on your answer sheet. Write your answers like in the example. **Example** : **1 - difficulty**

1. problem, trouble (P1) :
2. increase (P1) :
3. do sport or an activity (P1) :
4. ten years (P2) :
5. food that we eat (P2) :
6. stopped, abandoned (P2) :
7. proximity (P3) :
8. person doing sport (P4) :
9. done with oil (P4) :

B - Comprehension questions : Read the text again and Say if the statements below are True (T) or False (F) and justify with the appropriate lines. N°1 is an example : **1 - F (L1)**

- 1- Samuel Song was easy to be recognized.
- 2- Samuel Song was a sport doer in the beginning.
- 3- Samuel Song was proud of his big body state.
- 4- Samuel Song kept on respecting his same foodstyle.
- 5- Samuel Song dropped a quarter kilo fastly.

- 6- Samuel Song had pain to breath while walking up.
- 7- Samuel Song became an athlete to get thin.
- 8- Samuel Song ate lipid food.
- 9- Samuel Song always kept walking around his neighborhood.

PART TWO LANGUAGE IN USE (6 points)

Task 1 : The paragraph below is about your new Nigerian pen-friend’s opinion experiences. Choose the best options in each bracket to make it meaningful. Write your answers like in the example. **Example : 1 – used**

I (**1. use / am using / used**) to eat too much in my childhood. I (**2. have been / had been / will be eating**) exaggeratedly since I was 5 years old. People (**3. are mocking / mocked / have mocked**) at me fifteen years because of big shape. Today, I (**4. have forgotten / would forget / forgot**) my bad shape memories for a long time.

Task 2 : The paragraph below is your new Ghanaian friend’s opinion about today health. Fill it in with the words in the box to make it meaningful. Write your answer like in the example.

Example : 1 – diseases

measures - symptoms - diseases - mustn’t only - remedies

Nowadays, there are many (1.....) and most of them have the same (2.....). Humanity must struggle more to find their (3.....). For the time being, let’s all respect all the protecting (4.....).

PART THREE WRITING (6 points)

(Do only one of the two tasks below. 15 lines)

TASK 1 : You met a British penfriend online that sent you an email asking you to tell him or her more about the health situation in your country. In your email, you can :

- 1 – Precise the current disease and its causes
- 3 – Describe the disease symptoms
- 4 – Suggestion some solutions against it

TASK 2 : During the International Medical Day, all the English clubs of West Africa met in Nigeria where you are interviewed by a Ghanaian journalist reporter. Here is your conversation, complete your parts to make it meaningful. Write your answers like in the example. **Example : You (1) : Good morning sir, I am good.**

Journalist : Good morning sir, how are you ?
 You (1) :
 Journalist : Where are you from ?
 You (2) :
 Journalist : What is the current disease in your country ?
 You (3) :
 Journalist : What are the symptoms of this disease ?
 You (4) :
 Journalist : What are the causes of this disease ?
 You (5) :
 Journalist : What can people do to prevent it then ?
 You (6) :
 Journalist : Thank you very much sir, good sir !
 You (7) :